

ZEN LEADERSHIP IN TURBULENT TIMES

Summary: Leadership becomes a vital component of success for any organization during turbulent times. This session will illuminate the need for laser-sharp focus and stillness to maintain high individual and team performance.

Format: Keynote, half, one or two day workshop



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Joel DiGirolamo has over 30 years of staff and management experience in Fortune 500 companies. He has a BSEE, MBA, and an MS psychology degree and is the author of the book Leading Team Alpha and the award-winning book Yoga in No Time at All. The combination of his diverse work experience and education enable him to relate to individuals at all levels and positions of any organization in any region of the world. His broad experience has allowed him to successfully lead and participate on teams of individuals with unique backgrounds and various motivations. Joel has been a keynote speaker at several international conferences, is a member of the American Psychological Association (APA), Society for Industrial and Organizational Psychology (SIOP), and Society for Human Resource Management (SHRM). You can contact Joel at joel@jdigiolamo.com or +1-859-539-6882.

Elements:

- Examples: Cuban Missile Crisis, Shackleton Expedition, O. Schindler
- Focus & Stillness
- Motivation
 - Charisma
 - Fear
 - Three Basic Types: Intrinsic, Extrinsic, Amotivated
- Dealing with Fear
 - Overload from the overlord
 - Downsizing
- Burnout
- Communications
 - Even more important now
 - Means
 - Empathy
- Team member selection
 - More important to minimize the troublemakers
 - Intrinsically motivated individuals
 - Knowledge, skills, abilities
- Focus on goals
- Managing conflict

ASSESSMENTS

Turbocharged Leadership uses many objective, scientifically validated assessments for team training, leadership and employee training and self-development, and organizational development.

- Myers-Briggs Type Indicator (MBTI)
- DISC
- Emotional Intelligence (EQ, MSCEIT)
- Five-factor Model (NEO PI-R)
- Thomas-Kilmann Conflict Mode Instrument (TKI)
- Fundamental Interpersonal Relations Orientation-Behavior (FIRO-B)
- California Psychological Inventory (CPI)
- Mindfulness
- Maslach Burnout Inventory (MBI)
- Strong Interest Inventory
- Campbell Interest and Skill Survey
- Watson-Glaser Critical Thinking Appraisal (WGCTA)
- Wonderlic Personnel Test (WPT)